



WOMEN, INFANTS AND CHILDREN (WIC) PROGRAM

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC), funded by the United States Department of Agriculture (USDA), is a supplemental nutrition program focused on healthy eating for moms, babies and kids.

CEDA AND WIC

CEDA operates 20 WIC clinics in the Chicago and suburban area and serves over 50,000 participants every month, making it the largest WIC program in Illinois.

Clients are eligible for all WIC benefits, including personalized counseling with a Nutritionist, and individual and group education. Breastfeeding Peer Counselors are also available to help and support breastfeeding mothers.

WHO IS ELIGIBLE?

To be eligible for WIC, you must either be: pregnant, breastfeeding, have had a baby in the past 6 months, or have a child younger than five years old. You or your child must also have a health or nutrition risk and meet income guidelines (see chart).

Parents, legal guardians or caretakers who have medical and financial responsibility for a child may apply for WIC benefits. To see if you or your family is eligible, call one of the offices listed and speak to a WIC staff person.

WIC CAN OFFER:

- Health and Growth Assessment
- Vouchers for Nutritious Foods (including fresh fruits and vegetables)
- Breastfeeding Education and Counseling
- Individual Counseling
- Group Education Sessions
- Internet Education
- Health Referrals
- Breastpump Referrals
- Breastfeeding Classes
- Breastfeeding Support Groups
- Breastfeeding Support Helpline
- Immunization Review and Referral
- Link to Early Intervention Services
- Link to the Family Case Management Program
- Referrals to Head Start
- Voter Registration Applications
- Other assistance and programs are available and vary with each site.

WIC Income Eligibility Guidelines (Gross Income) Effective July 1, 2019 to June 30, 2020						
Family Size	1 Person	2 People	3 People	4 People	5 People	6 People
Annual	\$23,107	\$31,284	\$39,461	\$47,638	\$55,815	\$63,992
Monthly	\$1,926	\$2,607	\$3,289	\$3,970	\$4,652	\$5,333
Twice-Monthly	\$963	\$1,304	\$1,645	\$1,985	\$2,326	\$2,667
Bi-Weekly	\$889	\$1,204	\$1,518	\$1,833	\$2,147	\$2,462
Weekly	\$445	\$602	\$759	\$917	\$1,074	\$1,231

Contact Us

www.cedaorg.net

(855) WIC-CEDA (855-942-2332)

WIC@cedaorg.net

FOR A COMPLETE LISTING OF CEDA WIC LOCATIONS SEE BACK OF FLYER

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usd.gov.

This institution is an equal opportunity provider.

**HEALTHY FOOD AND A WHOLE LOT MORE!**
www.cedaorg.net

USDA is an equal opportunity provider and employer.

CEDA WIC LOCATIONS**ALBANY PARK**2754-58 W. Lawrence Ave.
Chicago, IL 60625
Phone: (773) 878-0578**CHICAGO HEIGHTS**233 W. Joe Orr Rd.
Chicago Heights, IL 60411
Phone: (708) 754-2788**HANOVER PARK**1515 E. Lake Street
Suite 204
Hanover Pk, IL 60133
Phone: (630) 289-3800**MAYWOOD**411 W. Madison St.
Maywood, IL 60153
Phone: (708) 236-5024**OAK PARK**6026 W. Roosevelt Rd.
Oak Park, IL 60304
Phone: (708) 445-3314**AUSTIN**5425 W. Lake St.
(2nd floor—PCC Bldg)
Chicago, IL 60644
Phone: (773) 413-1917**DES PLAINES**400 O'Connor Dr.
Des Plaines, IL 60016
Phone: (847) 294-1802**HARVEY**53 E. 154th St.
Harvey, IL 60426
Phone: (708) 339-3614**MORTON GROVE**6421 Dempster St.
Morton Grove, IL 60053
Phone: (224) 534-7433**ROLLING MEADOWS**Eastpark Apartments Office
Building, 1st Floor
2272 Algonquin Pkwy.
Rolling Meadows, IL 60008
Phone: (847) 670-6980**BLOOM-RICH**1203 W. End Ave.
Chicago Heights, IL 60411
Phone: (708) 754-4576**DIVERSEY**4622 W. Diversey Ave.
Chicago, IL 60639
Phone: (773) 545-7159**HOWARD**1516 W. Howard St.
Chicago, IL 60626
Phone: (773) 338-7334**MT. PROSPECT**1300 W. Northwest Hwy.
Mt. Prospect, IL 60056
Phone: (224) 324-3848**SUMMIT**5818 S. Archer Road
Rear Building
Summit, IL 60501
Phone: (708) 458-0012**BLUE ISLAND**12940 S. Western Ave.
(entrance off High Street)
Blue Island, IL 60406
Phone: (708) 371-5728**EVANSTON**2010 Dewey Ave.
Evanston, IL 60201
Phone: (847) 328-3511**IRVING PARK**3948 N. Lowell Ave.
Chicago, IL 60641
Phone: (773) 685-1507**OAK LAWN**5535 W. 87th St.
Oak Lawn, IL 60453
Phone: (708) 423-1131**WHEELING**300 McHenry Rd.
Wheeling, IL 60090
Phone: (847) 243-9270**Contact Us**www.cedaorg.net**(855) WIC-CEDA (855-942-2332)**WIC@cedaorg.net

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